### Abdominal Pain
Clinical assessment / management tool for children

#### Management - Paramedic

<table>
<thead>
<tr>
<th>Clinical findings</th>
<th>Green – low risk</th>
<th>Amber – intermediate risk</th>
<th>Red – high risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age</strong></td>
<td>1+</td>
<td>Under 1</td>
<td></td>
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</tbody>
</table>
| **Activity** | Content/smiles
Stays awake / awakens quickly
Strong normal cry / not crying | No smile
Decreased activity / lethargic
Irritable | No response
Unable to rouse or if roused does not stay awake
Weak, high pitched or continuous cry
Severe pain |
| **Skin** | Normal skin colour
CRT < 2 secs
Warm extremities | Pale
CRT 2-3 secs | Blue, grey or mottled
CRT>3 secs
Cold hands and feet in absence of fever |
| **Hydration** | Normal heart rate
Normal fontanelle
Normal urine output
Moist tongue and conjunctivae | Normal HR
Sunken fontanelle
Reduced urine output/not passed in 12 hours
Dry tongue and conjunctivae | Tachycardia: HR>160 beats/min <1 year, HR>150 1-2 years,
>140 3-5 years, >120 6-11 years, >100 >12 years
No urine output in 24 hours |
| **Respiratory** | Normal respiratory rate: RR<50 (<1 year), <40 (1-5 years, <25 (6-11 years), <20 (12+)) | Normal respiratory rate: RR<50 (<1 year), <40 (1-5 years, <25 (6-11 years), <20 (12+)) | Tachypnoea: RR > 50 breaths/min (<1 year), >40 (1-5 years), >25 (6-11 years), >20 (12+ years) |
| **Other** | Polyuria, dysuria or urgency
Reduced appetite
Additional parent/carer concerns
Pain not settling with analgesia
Waking with pain
Pain increased on movement
Fever for >5 days | |

#### Green Action
(Only in those 1+)
- Provide Abdo pain safety netting advice via text share or by printing onsite
- Confirm they are comfortable with the decisions / advice given
- Always consider safeguarding issues.

#### Amber Action
- Discuss the case with patient’s GP practice (in hours)
  - and/or
- Discuss the case with SCAS clinical Coordination Centre Clinician

#### Red Action
- Transfer immediately to local Emergency Department
- Emergency transfer and Pre alert as necessary
- If patient is in distress/discomfort - consider paracetamol +/- ibuprofen as per JR Calc