

COMMUNITY AND SECONDARY PATHWAY FOR ABDOMINAL PAIN IN PREGNANCY

Take full history and risk assessment **IF PAIN WITH BLEEDING - FOR URGENT OBSTETRIC REVIEW**
 Consider – Gestation
 Type of Pain
 Location
 Duration
 PV Loss

If Term and suspected labour.
 Follow early labour pathway

Dysuria and frequency
 Follow UTI Pathway

MILD pain / discomfort and no uterine activity
 Advise regular analgesia
 Warm Bath
 Refer to DAU/hospital if pain persists after 4-6 hours

MODERATE pain / suspected uterine activity
 Refer to DAU
 Perform full antenatal assessment and CTG if ≥ 26 weeks.
 Obtain obstetric review
 Consider Fetal fibronectin (fFN) if ≥ 24 to 34+6 weeks
Negative
 Pain settled
 Discharge
Positive
 Admit
 Steroids

SEVERE constant pain
 Urgent referral to hospital

- Risk Factors include:-
- Multiple consultations for reduced FMs
 - Hypertension
 - Known IUGR
 - Diabetes
 - Smoking
 - Social concerns (Depression/ Domestic Abuse)
 - Poor obstetric history