

# Unsettled baby under 3 months pathway



## Clinical support tool for community pharmacists

Clinical findings	Green – low risk	Amber – intermediate risk	Red – high risk
Behaviour	<ul style="list-style-type: none"> <li>Wakes for feeds as normal</li> <li>Settled for periods of time</li> <li>Strong normal cry</li> </ul>	<ul style="list-style-type: none"> <li>Sleepy or not consistently waking for feeds</li> </ul>	<ul style="list-style-type: none"> <li>Unable to wake</li> <li>Persistently unable to settle</li> <li>Clinical concerns about nature of cry (weak, high pitched or continuous)</li> </ul>
Tone	<ul style="list-style-type: none"> <li>Normal</li> </ul>		<ul style="list-style-type: none"> <li>Stiff for prolonged periods or has any evidence of a seizure</li> <li>Floppy</li> </ul>
Respiratory	<ul style="list-style-type: none"> <li>Normal pattern and rate</li> </ul>		<ul style="list-style-type: none"> <li>Abnormal/fast breathing</li> </ul>
Skin	<ul style="list-style-type: none"> <li>Normal skin colour</li> <li>Warm extremities</li> </ul>		<ul style="list-style-type: none"> <li>Pale / mottled / blue</li> </ul>
Hydration	<ul style="list-style-type: none"> <li>Plenty of wet nappies</li> </ul>	<ul style="list-style-type: none"> <li>Wet nappies reduced</li> <li>Signs of dehydration ie mouth dry, sunken fontanelle</li> </ul>	
Other	<ul style="list-style-type: none"> <li>No amber features</li> </ul>	<ul style="list-style-type: none"> <li>Additional parent/carer concerns</li> </ul>	<ul style="list-style-type: none"> <li>Has a temperature of <math>\geq 38^{\circ}\text{C}</math></li> <li>Rash that does not disappear with pressure</li> </ul>

**Green Action**

Provide “Crying baby under 3 months” safety netting advice.  
 Confirm they are comfortable with the decisions/ advice given  
 Always consider safeguarding issues.  
 Consider video consultation to offer further reassurance

**Amber Action**

Refer to primary care for review.

**Red Action**

Refer immediately to emergency care – consider whether 999 transfer or parent/taxi most appropriate based on clinical acuity etc.